



TENSIONS & STRESSES

Guilt/Pride
Family/Self
Tradition/Degree
Finances/Job
Relationships/Time

COLLECTIVE AGENCY

"I can fulfill our dream."

INDIVIDUAL AGENCY

"I am fulfilling my dream"

Gratitude

Aspirations

Obligations

Optimism

Expectation

FAMILY

Familialism &
Marianismo

Relational
Collectivism

INSTITUTION

Education &
Student
Employment

Independence

SELF CARE

Remain Resilient to Adversity

Intentionality

Forethought

Self-Reactiveness

Self-Reflectiveness

RELATIONAL
INDEPENDENCE